

16, South End Road | Bengaluru-04 Reaccredited 'A+' Grade by NAAC | Affiliated to Bengaluru University

7.1.1

Action plan on Annual Gender Sensitization

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Principal Surana College

(AUTONOMOUS) No. 16, South End Road, Bangalore - 560 004



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Gender Sensitisation – Activities for the year 2021-22

SI. No.	Date	Program	Event	Resource Person	Beneficiary
1.	7-3-22	Guest Lecture	Nurture life with nutrition	Dr. Sushma, MBBS, NGO	l year students
2.	8-3-22	Felicitation	A rendezvous with Women achievers	By Surana College and KMA	10 Achievers
3.	9-3-22	Bike Rally	Bike rally by Roadster	Aishwarya Pissay	Student Council students
4.	10-3-22	Chocolate Making	Building women Entrepreneur	Mrs. Swathi - Chocolatier	Students interested in chocolate making
5.	11-3-22	Guest Lecture	Gender Equity	Aparna Athreya Founder, Story Triangle Founder, Kid and Parent Foundation	III-year students

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Report of Activity on Gender Sensitisation

Nurture Life with Nutrition

On account of International Women's Day, SHE Cell organized an expert talk on "Nurture Life with Nutrition" by Dr. D. Sushma, MBBS, DGO on 7-3-22. All students and faculty members attended the session. The talk highlighted on the various aspects like health, nutrition and healthy lifestyle which was very informative and interesting. The content was enlightening. At the end Q&A session was planned where many students clarified their doubts, and it was indeed a successful event.

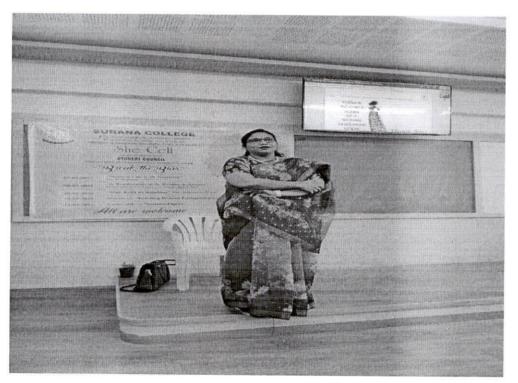
Date: March 7, 2022

Time: 11.30-12.45 pm

Venue: Seminar Hall

Resource Person: Dr. Sushma, MBBS, DGO on the topic 'Nurture life with nutrition'

Topic: Nurture life with nutrition.



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On account of **International Women's Day,** SHE Cell organized "A Rendezvous with Women Achievers" on 8-3-2022 where the college in association with KMA felicitated the Women achievers. The event was grandly organized where women in different areas like Education, Social Service, art etc were identified and they were recognized for their contribution and services and thus were felicitated. The program was a grand success.







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Bike Rally

On account of International Women's Day, SHE Cell in association with student council organized "Bike Rally by Roadster Ms Aishwarya Pissay" on 9-3-22. All the students and faculty members participated in the rally with full zeal and enthusiasm. The rally started from the college campus to Vidhana Soudha. The response was overwhelming and became a huge success.







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Building Women Entrepreneur

SHE Cell of Surana College collaborated with Mrs. Swathi- Chocolatier and organized beautiful session of Chocolate Making on Occasion of International Women's Day

- Organised by: SHE Cell
- Guest: Mrs. Swathi Chocolatier
- Event: Chocolate making
- Date and time: 10.03.22 @ 10:30 am
- Venue: Board room
- Target group: Session was open to all the students of Surana college

Summary – On 10.03.2022, SHE CELL of Surana college organized Chocolate Making session with Mrs. Swathi, a chocolatier on the occasion of International Women's Day.

The session was so wonderful, and everyone were given the chance to learn and prepare their own chocolates.

Opportunities were given to all the Students of Surana College and approximately 100+ students and faculty attended this program, and everyone enjoyed making Chocolates.

In Addition, Attendees also had the Opportunity to ask questions related to the field and many more.

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Registration link https://docs.google.c om/forms/d/e/1FAI pQLSf6ZgnBueXcncv WOafYPy29m1utdmi zAzkaClR



COORDINATORS Dr Seethalaxmi & SHE Cell Members



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Expert Talk On "Gender Equity"

On account of International Women's Day, SHE Cell organized an expert talk on "Gender Equity" on 11-3-22. The guest speaker Aparna Athreya, Founder, Story Triangle, Kid and Parent Foundation addressed the students. All the students attended the seminar which provided insight on the existing scenario about Gender Equity and its issues and challenges and how to perceive it better. The talk was an eye opener and finally it ended with the Q&A session.



Resource Person: Aparna Athreya Founder, Story Triangle Founder, Kid and Parent Foundation

Gender equality, also known as sexual equality or equality of the sexes, is the condition in which all people have equal access to resources and opportunities, including economic involvement and decision-making, and in which all people are valued for their unique behaviours, goals, and needs. Gender equity and gender neutrality are activities and modes of thinking that aid in accomplishing the aim of gender equality, which is the ultimate objective. Gender equality may be achieved with the help of gender parity, which is a measurement of the gender balance in a particular context but is not the aim in and of it.



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Equal representation is only one aspect of gender equality; it is closely linked to women's rights and frequently necessitates changes in policy.

Gender sensitization helps people comprehend that gender is not about women, but rather about "people," by giving them a precise and clear knowledge of what gender is.

Gender is a socially acquired behaviour based on social expectations of men and women. The most vulnerable elements of society in this circumstance are women and children. And it's the unjustified pressure put on boys and girls to adhere to pre-existing preconceptions of femininity and masculinity. Girls experience unwarranted social control, prejudice, and domination.

The SHE Cell and the Gender Equality Cell routinely offer debates, presentations, seminars, film screenings, and capacity-building programmes in the college as a complement to the academic initiatives for gender parity.

We in the college have specific facilities which we have provided for women in terms of: -

- 1. Safety and security
- 2. Counselling
- 3. Common rooms

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